

## A PINCH OF SALT.

As Necessary in Our Daily Life as  
In Our Daily Food.

How could we get on without salt? In our daily food, as in our daily life, a little of it is necessary, and the absence of it takes away from the flavor of everything we eat. The "salt of life" which we hear about signifies the health, vigor and wit which we find in life. There was a time in countries far from the sea when primitive man never used salt in his food, and it was only when nations advanced in civilization that salt became an absolute necessity.

But it was not alone as food that salt was valued. Among the ancients a salt spring was regarded as a gift of the gods, and it was believed that any salt found in the soil lent it a peculiar sanctity and made it a place where prayers were most readily heard. Every meal that included salt had a certain sacred character, creating a bond of piety and friendship between host and guest; hence the expression, "There is salt between us," meaning friendship, and to be "untrue to salt" means to be disloyal or ungrateful.

In the middle ages, when all classes and degrees sat at the same board, they were placed according to rank, above or below the great saltcellar, which always stood in the middle and marked the dividing social line. "Above the salt" meant "of high degree." Below the salt were the yeomen, serfs and vassals of the feudal days. A good description of this custom may be found in "Ivanhoe" where Cedric, the Saxon, entertains his vassals and friends.

A pinch of salt is always considered lucky in cooking. To take anything "with a pinch of salt" means to excuse or make allowances for it. A "salt" is a sailor. To salt one's conversation means to make it sparkle. Salt is always employed in a sense of benefit or strength.

The Bible has many references to salt, among them being "Ye are the salt of the earth," Matthew v. 13, and St. Paul says, "Let your speech be all ways with grace seasoned with salt." Salt is used by Catholics in baptism. They consider it a symbol of wisdom and put a few grains in the mouth of the person baptized.

## DON'T GET ANGRY.

Fire in the heart sends smoke in the head.—German Proverb.

An envious man waxes lean at the fatness of his neighbor.—Socrates.

One of the very best of all earthly possessions is self possession.—G. D. Prentice.

The fire you kindle for your enemy often burns yourself more than him.—Chinese Proverb.

The envious man pinches in plenty, like Tantalus up to the chin in water and yet thirsty.—T. Adams.

An irritable man lies like a hedgehog rolled up the wrong way, tormenting himself with his own prickles.—E. P. Hood.

Lamentation is the only musician that always, like a screech owl, alights and sits on the roof of an angry man.—Punch.

A man can easily be intoxicated with anger as with wine; both produce a temporary insanity, and during the paroxysm he should be avoided as a madman.—J. Bartlett.

## Night Air.

One of the bugbears of old time people is night air, and there is little exaggeration in saying that the superstition against night air has killed more people than the free circulation of it has ever injured. There is abundance of proof that night air is injurious to no one. On the contrary, people who sleep outdoors under the mere protection of a tent are the healthiest of all people, and the practice has largely gained in popularity of late years under wider knowledge of hygiene for people in delicate health to go in camping parties and breathe the balmy air of the night. The vigor gained from a few weeks of such an outing is a marked proof that the old prejudice against night air is as foolish as most other old wives' whims.—Exchange.

## Talent and Vocation.

Each man has his own vocation. The talent is the call. There is one direction in which all space is open to him. He has faculties silently inviting him thither to endless exertion. He is like a ship in a river. He runs against obstructions on every side but one. On that side all obstruction is taken away, and he sweeps serenely over God's depths into an infinite sea. This talent and this call depend on his organization or the mode in which the general soul incarnates itself in him.—Emerson.

## Young Men and Maidens.

Life would become intolerable if girls could not be on frank and unacquainted terms with men of their own age or some years their seniors. The idea that because two young people may have a great deal in common they must also be in love is happily dying out. No one is hurt, no one is compromised, when a friendship does not lead to marriage.—John Oliver Hobbes in Pall Mall Magazine.

## A Sorry Finish.

Kadleigh—Your wife is always outspoken, isn't she?

Henpeck—Yes, but I try to be that way, too, sometimes.

Kadleigh—Really?

Henpeck—Yes, but whenever I venture to be outspoken it ends in my being outtalked.—Philadelphia Press.

Musical becomes the human race on and is followed by the two great columns, the joyous, light hearted and happy and the sorrowful, wretched and despairing.

## YOKOHAMA BY NIGHT.

Lantern Illumination Makes the City  
Akin to Fairyland.

A row of paper lanterns in the black shadow of a wall is the first impression the newly arrived traveler has of Yokohama as he steps from his "samen" on to the wharf at night.

The lanterns hang low and almost motionless, but at the word "rickshaw" they begin to sway, and with a silent, almost rhythmic movement they come rushing toward him. A moment later he discovers that each lantern is attached to a rickshaw, which offers for less than half a yen an hour to convey him anywhere his fancy may lead him. But go where he will the lantern is always there, dangling and swaying and dimly flashing.

The lantern on the rickshaw is a characteristic detail of the night picture of Yokohama. It is a series of brilliant dashes of color under a cloudless, starlit sky, fanned by a soft breeze which seems half of the sea and half of the tropics, with smiling, doll-like people gliding about everywhere. It hardly seems real. It isn't fairyland exactly, because fairies are not supposed to be always as picturesque as are these Japanese. Certain it is that few things anywhere in the round world can be more beautiful than lantern lighted Yokohama.

As the occidental crosses the bridge over the canal from the foreign quarter and enters the native city he sees a bewildering maze of lights. Throughout Yokohama gas lamp posts are few and far between, a fact which makes the lantern illumination all the more conspicuous. They are not hung at regular heights or intervals, but make a sort of tangle of soft colored lights over the front of the buildings and even across the street.—New York Mail and Express.

## A Case of "Quits."

Clerical Customer (arousing himself from a nap in a barber's chair)—All through, eh?

Barber—Yes, sir; quite some time ago.

Clerical Customer—Indeed! Then I must have been indulging in a quiet nap.

Barber—You surely have, sir.

Clerical Customer—It was certainly very kind of you not to awaken me. The rest has done me good, and I am very thankful to you for what was really a very refreshing sleep.

Barber—Don't mention it, sir. It's only a fair return. I attended service at your church last Sunday.—Boston Courier.

## Musical Instruction.

Mrs. Bennett-Francis. For terms and further particulars call at or address 4 Race Street, Bloomfield, N. J.—Advt.

## Carpet Cleaning.

Now is the time to clean carpets. If you want your carpets taken up, cleaned and relaid, send word to D. Douglass, No. 9 Park street, Montclair. Mr. Douglass has had years of experience in carpet cleaning, and has a large patronage in this town, Glen Ridge and Montclair. Those intending to move can have their carpets taken up, cleaned and relaid on short notice. The work will be well and promptly done.—Advt.

## Odorous Excavating.

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## Go to Electric Park for a Pleasant Trip.

If you wish to spend an enjoyable afternoon or evening amid pleasant surroundings there is no better spot in this vicinity than New Electric Park, the new, high class Summer resort, situated on South Orange Avenue, Newark.

The management makes a big bid for public favor, by presenting an excellent vaudeville show of talented artists, with a weekly change of bill, a German village, a \$20,000 carousel, a Gypsy camp, with real Gypsies; the wonderful spectacular electric fountain, a counterpart of the one used at a sensation at the recent Pan-American Exposition, and other interesting features.

One of the biggest attractions at the Park is the dancing hall presided over by Fay, the celebrated Dance King. He and his big band perform every afternoon and evening.

Electric Park can be easily reached from here, and in addition to the pleasure of the ride you are certain to be well satisfied with your trip to Newark's new Summer resort.

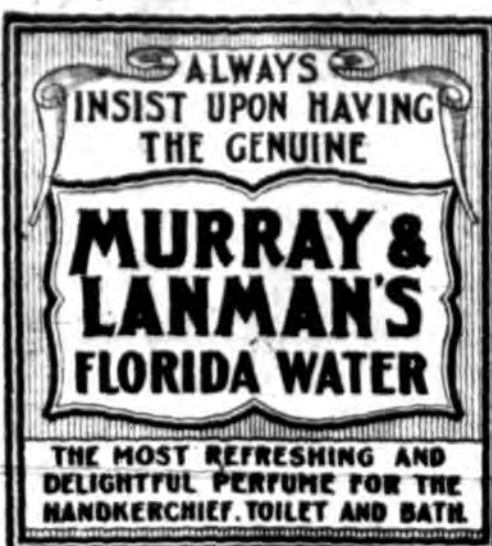
(Chancey A. 13.)  
SHERIFF'S SALE.—In Chancery of New Jersey. Between George E. Jacobs, complainant, and Robert N. Dodd and others, defendants. For sale of mortgaged premises. By virtue of the above stated writ of fieri facias, to me directed, I shall expose for sale by public vendue, at the Court House in Newark, on Tuesday, the fourth day of August next, at two o'clock P. M., all that tract or parcel of land and premises situate, lying and being in the town of Bloomfield, Essex County, New Jersey.

Beginning in the center line of Broad Street at the southeast corner of land of R. Dodd; thence (1) along said land north seventy-two degrees and fifteen minutes west fifteen hundred and eighty-four feet and seven inches to the easterly side of Ridgewood Avenue; thence (2) along said side of Ridgewood Avenue south twenty-four degrees and fifty-four minutes west three hundred and eighty-seven feet and five inches to land of John H. Lockwood; thence (3) along said land south seventy-two degrees and fifteen minutes east fifteen hundred and forty-five feet and one inch to the center of Broad Street north thirty degrees and fifty-five minutes east three hundred and ninety-six feet to the place of beginning.  
Newark, N. J., June 29, 1903.  
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## FOREIGN BANK METHODS.

The Undeveloped System in Use in  
Continental Europe.

A bank check is looked upon with suspicion in Italy. Practically no small tradesman would take a check, and none of them keeps a bank account. It was still more surprising to me to find that such a statement would be almost literally true of Paris itself. I was studying the mechanism of the Bank of France under the guidance of one of the officers. We went into one great room in the old building in which there were 200 desks inclosed in wire cages, all empty at the moment. I asked what these were for.

"These cages are for our city collectors," I was told. "When a small merchant borrows from the Bank of France, he does not, as with you in America, borrow a bank credit and have his loan merely added to his balance on the books of the bank. With us the merchant, when he makes a loan, gets the actual money and takes it away. He probably has no bank account with us. He writes no checks. When the loan is due, he does not, as would be the case in your banks, come in and pay his indebtedness with a check; instead of that we send a collector to him, and that collector is repaid the loan in actual currency. Two hundred men start out from the Bank of France every morning to collect matured loans. Several days each month it is necessary to send out 400 men, and on the 1st and the 15th of each month 600 collectors go out."

These collectors were uniformed men, carrying leather pouches, in which they have the matured notes and which are later filled with currency as the collections are made from the bank's borrowers.

I stood at the paying teller's desk as I went farther along in my tour of the Bank of France. As I halted there the man who happened to be at the window at the moment presented a check for 50,000 francs. The money was counted out and handed over to him, stored away in a big wallet, and he passed on. I asked if it were not unusual for a man to draw out so much currency and was told that it was not. It was but another illustration of how undeveloped is the banking system of continental Europe in its uses by the general public.—Scribner's Magazine.

## FLOWER AND TREE.

Palms and ferns should never be allowed to stand in a draft.

When moss is seen on fruit trees, it may be taken as evidence of lack of thrift in the trees.

The ideal soil in which to set a plant is one that is moist, without being water soaked, neither too dry nor too wet.

Dust is a great enemy of window plants in connection with dry heat. Care must be taken to keep the air moist.

In India the tea plant is naturally a tree, but by means of pruning it is kept so small that it seems to be only a bush.

For setting in a dry soil the plant should be well rooted and stocky, as it must depend on the roots it already has to make a start.

Vines of all kinds flower and fruit freely only after they have reached the top of their support. When they have "arrived," they set about blooming.

Peonies should be planted in October. Once planted they should not be disturbed, but should be allowed to form strong clumps. Thus treated the flowers increase in size and beauty with each succeeding season.

## Brain Weights.

The average weight of a Scotchman's brain is sixty ounces, an Englishman's forty-nine, a Frenchman's a little over forty-five. The weight of Dutch, Prussian, Italian and Lapp brains come near that of the Englishman, while the German brain is in many instances heavier. The Polish brain is forty-seven ounces. Among Hindus and other races in India it is from forty-one to forty-four ounces, but Mussulmans average more and the Khonds, one of the aboriginal races of India, much less—not quite thirty-eight ounces. Traveling toward China, the brain weight of the tribes there settled increases. In Africa the average weight is from forty-three to forty-eight ounces; in America that of the Indian averages forty-seven ounces; in Australia from forty to forty-two ounces.

## Origin of Word Gringo.

The word "gringo," which Mexicans apply to Americans when speaking of them with contempt, is said to have had its origin thus: During the Mexican war our soldiers got into the habit of calling the simple Mexican soldiers whom they took prisoners "greenies" to signify their ignorance of things in general and of military tactics especially. The Mexicans retaliated by calling the Americans "greenos," and this word finally degenerated into "gringos."

## Her Smile.

He looked despairingly into vacancy. "I have had my misgivings," he said in a dull, passionless voice, "but now I am sure. Your laugh shows me you are utterly heartless."

She turned pale. "Heavens!" she cried in terror. "Did I open my mouth as wide as that?"

## Cassid.

"Do you mean to say that you have not read all of Shakespeare's plays?" "No," answered Miss Cayenne. "To tell the truth, I did not mean to say it. As in the case of most people, the confession slipped out quite by accident."—Washington.

The iron pen mentioned by Job in the book of that name in the Bible is supposed to have been a steel graver used for cutting inscriptions on stone.

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